

Collections Development Project

LS5363

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Our Imaginary Library...

Name: HealthSmart Library & Resource Center

Location: Texas Health Presbyterian Hospital of Denton
3000 N I-35
Denton, Texas 76201

Located in the Education Department, the HealthSmart Library & Resource Center is open 8a.m.-6p.m. Mon-Fri and weekends 12p.m.-5p.m.

Potential Services: On-line patient and family access to quality health databases (for example, Medline Plus), patient and family support groups, patient education videos, pre-op and post-op teaching modules, and printable-teaching material for use at home. Access to limited volume of monographic information would be available, however, the majority would be digital resource based. Data will be provided in Spanish when possible. It will be staffed in person, by a health science librarian. Clients will have password protected (free of charge) access for 90 days from hospital admission. Continuation of services would then require a minimal fee.

Additional Details: The Director of the HealthSmart Library would be the Health Science Librarian. The team for this library would include the Director of Education, CNO, IT Administrator, CFO, and a Health Science Librarian. Collaboration between these individuals, as well as from a board of directors, comprised of health care and community individuals, would be crucial to the success and longevity of this library. Roll out for the HealthSmart Library & Resource Center will occur in phases. Initially, a pilot program, starting out on a very small scale, would be implemented to assess the location, navigation and quality of digital resource collection, budget, and actual usage by the hospital patients and their families.

MISSION STATEMENT: The HealthSmart Library & Resource Center's mission is to provide an accessible, dynamic, cost-effective, and culturally competent information service for the health education and support of patients and their families at Texas Health Presbyterian Hospital of Denton (THPHD). We believe in providing current, high-quality health information. We are here for individuals and their families who have received (or will be receiving) in-patient or outpatient services at THPHD. We are known for the provision of exceptional reference, research, and instruction for patients, families and our community. We exist to augment health information for the consumer in an effort to promote health and wellness.

VALUES STATEMENT: The HealthSmart Library & Resource Center aspires to be an essential partner with Texas Health Presbyterian Hospital of Denton's

endeavor to become a healthcare resource for individuals living in Denton and surrounding areas, through innovation, collaboration, and the provision of exceptional, personalized services.

HealthSmart Collection Policy Mission and Programs Served

The HealthSmart Library and Resource Center is a center for patient and family health education. It serves to support the strength of Texas Health Presbyterian Hospital of Denton (THPHD) through the acquisition of books, journals, and electronic resources. THPHD is a 255-bed facility that specializes in cardiovascular, orthopedic, bariatric services and has the only Level 3 NICU in Denton County. The primary functions are to communicate health information, promote value and utility of knowledgeable management, and organize consumer health science literature. The guidelines described in the Collection Development Policies are designed to support the HealthSmart Library's Mission and Vision. They are also intended to act as a guide for the HealthSmart Library staff and inform HealthSmart Library users.

I. Selection Responsibilities

The Health Science Librarian (HSL) will ultimately determine the selection of the library collection, whose job it is to incorporate individual decisions into the long-range plans and policies for development of Library resources. A selection committee will be comprised of the Chief Nursing Operator (CNO), Director of Education, and HSL. This committee will narrow down selections based on consumer clinical relevance and budgetary constraints. In addition, input from nursing directors from various units within THPHD will provide input and advice to the selection committee.

II. Budget

The majority of the collection's budget will be expended on digital resources. Since up-to-date information is required, there will only be a small percentage designated for classic reference monographs.

III. Advisory Groups

Nursing directors from various THPHD nursing units will be asked to submit information and references that they feel necessary for patient education based on the types of patients and diagnoses that they are caring for. In addition, advisory groups from local universities, local health departments, and community citizens will be asked to contribute advice and suggestions for general direction as well as suggestions for specific reference materials.

IV. User Recommendation

Not all books and journals requested by users will be purchased due to the limited budget; however, the selection committee (see I above) will review and consider these requests in light of the annual budget and relevancy to the Mission and Vision.

V. Subject Scope

The general scope of the HealthSmart Library collection covers consumer health, with emphasis on disease prevention, public health awareness, and consumer health literacy. In addition, the basic sciences, psychology, and social sciences

receive limited coverage where these disciplines relate to trends or concepts in consumer health sciences.

VI. Language

The collection will consist in English publications and, whenever available, Spanish. Acquisition of material in other languages will be based on community need, availability, and cost.

VII. Geography

Works from all countries are considered.

VIII. Chronology

Selection preference is given to those titles published in the most recent two-year period.

IX. Format Exclusions

The library does not select formats of the following types:

- Lab manuals
- Pocketbooks
- Syllabi
- Maps, graphs, posters, charts
- Newspapers

X. Preservation

The collections will consist primarily of digital resources due to the need for current information and limited physical library space. Consideration for the replacement of outdated or damaged monographs will be reviewed annually.

XI. Multiple Copies

Only single copies of monographs will be available.

XII. Standing Orders

Standing orders will not be utilized as a method for acquiring updated books published on a continual basis. Instead, the librarian and selection committee will review these books annually and determine whether a new edition should be ordered.

XIII. Books with Accompanying Non-print Materials

Upon receipt of compact discs or DVDs, the Library will shelve these within a separate location. Monographs that contain Web site access will be handled according to the publisher's instructions for institutional use.

XIV. Gifts

In-kind donations of books and materials will be first processed through THPHD Office of Development. All donations will be accepted according to the policies of

THPHD. All donations should be current (2 years) and in new or excellent condition and have relevancy to the Mission and Vision of the HealthSmart Library.

XV. Institutional and Local Authors

Published consumer health related books, book chapters, journal articles, or meeting presentations by employees at THPHD or local authors will be compiled periodically and included in an online institutional repository. A sectioned area of the physical library will house a hard copy of these materials for patients and families to access. These materials will be reviewed annually for consideration of retention due to relevance of material.

XVI. Consumer Health

The HealthSmart Library will be composed almost exclusively of consumer health education materials. The arenas chosen will focus on health prevention and wellness, drugs, diseases, coping, medical terminology, alternative procedures, healthcare and medical ethics, and normal anatomical and physical functions. Specific topics of interest include (but not limited to): arthritis, asthma, bariatric surgery, cancer, diabetes, fibromyalgia, heart disease, hypertension, infant and child development, newborn care, NICU related information, obesity, osteoporosis, mental health, and alcohol and drug dependency. A needs assessment will be conducted on an annual basis to assure the health education needs of the patients and their families.

XVII. Leisure of Popular Reading

This collection will not contain leisure reading materials.

XVIII. Ephemera

Pamphlets, invitations, and posters that are generated by THPHD will be displayed for consumer access. These items will be discarded after its usefulness has passed. Pamphlets, invitations, and other materials from outside sources will be first assessed through the THPHD Office of Development for approval of distribution. If approved, the HealthSmart Library will dispose of these materials once its usefulness has passed.

XIX. Digital Resource Collection Criteria

The Health Science Librarian will collaborate with the Information Technology (IT) department at THPHD. In addition, the Librarian will choose a vendor to support the digital resources that will be chosen for this collection. The content will be determined based on currency, quality, uniqueness, permanence, coverage, and relevance. The ease of use by the librarian, patients, and families, in conjunction with a stable platform and quick-response times will be assessed continually by the Librarian. Evaluation of the digital resources will be assessed quarterly by the selection committee.

Purchase List: “Must Have” Books

“Must Have Books” (Robin Henson)

(Total= \$87.25)

Title: Best Choices from the People’s Pharmacy: What you Need to Know Before your Next Visit to the Doctor or Drugstore

Author: J. Graedon & T. Graedon

Published: 2006

Publisher: Rodale, New York

ISBN-13: 978-1-59486-407-0 (hardcover)

ISBN: 1594864071

Binding: Trade Cloth

Pages: 432

Status: Available

Language: English

Dewey #: 615/.1

Physical Dimensions: 7.8 x 9.5 x 1.6 in.

Audience: General Adult

Price: \$29.95 (hardcover) Barnes & Noble

Annotated Bibliography: From the trusted authors of the "People's Pharmacy" syndicated newspaper column comes an essential reference that empowers readers to make intelligent, informed choices from among the array of treatment options--home remedies, herbal and nutritional supplements, and prescription and over-the-counter drugs--available today. This book provides the best treatments for 50 medical conditions and other topics such as making informed drug choices, general drug queries, and popular treatments with over-the-counter products. Bibliographical references and indexes are also included.

Title: Your Health in the Information Age: How You and Your Doctor can Use the Internet to Work Together

Author: P. Yellowlees

Published: 2008

Publisher: iUniverse, Inc., Bloomington, IN

ISBN-13: 978-0-595-51962-0

ISBN: 0-595-51962-8

Binding: Trade Cloth

Pages: 208

Status: Active Record (Available for Order)

Language: English

Dewey #: N/A

Physical Dimensions: 6 x 9 x .63 in.

Audience: General Adult

Price: \$27.95 Ingram Book Company; Lightning Source, Inc.

Annotated Bibliography: This book is written for individuals who want to use the Internet to improve their health, want to improve their relationship with their healthcare provider, and want to use the power of knowledge gained from this relationship to improve their health. It is written

in a practical way to allow the consumer to understand and select the right type of health information and use it in collaboration with your healthcare provider to meet the needs of the patient and their family.

Title: Mayo Clinic Family Health Book 4th ed.

Author: Scott C. Litin (editor)

Published: 2009

Publisher: Time Inc. Home Entertainment: New York

ISBN: 9781603200776; 1603200770

Binding:

Pages: 1423

Status: Active Record (Available for Order)

Language: English

Dewey #: 613/M473m4

Physical Dimensions: N/A

Audience: General Adult

Price: \$29.35 Barnes & Noble

Annotated Bibliography: This completely revised, generously illustrated volume offers the latest in medical knowledge with a strong emphasis on self-care. From prevention to treatment, from infancy to old age, this comprehensive health guide offers reliable, easy-to-understand information in six convenient sections: Living Well, Common Conditions and Concerns through Life's Stages, Making Sense of Your Symptoms, First Aid and Emergency Care, Diseases and Disorders, and Tests and Treatments.

Purchase List: Bariatric

5 Bariatric Print Books (Robin Henson)

(Total= \$112.70)

Title: The Food & Feelings Workbook: A Full Course Meal on Emotional Health

Author: K.R. Koenig

Published: 2007

Publisher: Gurze Books, Carlsbad, CA

ISBN-13: 978-0936077-20-8

ISBN: 10: 0-936077-20-4

Binding Format: Perfect

Pages: 214

Status: Active Record (Readily Available)

Language: English

Dewey #: 616.8

Audience: General Adult

Price: \$12.89 Amazon.com

Annotated Bibliography: A powerful connection exists, causing feelings, not food to trigger disordered eating. The emotional components of guilt, shame, helplessness, loneliness, anxiety, and disappointment are reviewed in individual sections of this workbook. Each chapter has two

sets of exercises: experiential exercises that relate to emotions and eating, and questionnaires that provoke thinking about and understanding feelings and their purpose. Supplemental pages help readers identify emotions and chart emotional development. The final part of the workbook focuses on strategies for disconnecting feeling from food, discovering emotional triggers, and using ones feelings to get what one wants out of life.

Justification #1: Patrons can utilize portions of this workbook to explore their feelings and identify triggers of emotional eating. Although this workbook cannot be copied, patrons can answer the exercise questions mentally or write them down on a piece of paper for further analysis and discussion with their health care provider.

Justification #2: There are no holdings for this book in Texas. Twenty-one public and university libraries own this book worldwide. If many patients access this workbook, the library might consider purchasing additional copies for multiple users. Access to the contents in this workbook would be an additional resource for the recovering bariatric patient.

Title: Eat this, not that, supermarket survival guide: The No-Diet Weight Loss Solution

Author: D. Zinczenko & M. Goulding

Published: 2008

Publisher: Rodale Press, Inc., Emmaus, PA

ISBN-13: 978160528382

ISBN: 1605298387

Binding Format: Trade Paper

Pages: 319

Status: Active Record (Readily Available)

Language: English

Dewey #: 613.2/5

Physical Dimensions: 6.5 x 6.5 x .8 in.

Audience: General adult

Price: \$12.96 Barnes & Noble

Annotated Bibliography: This comprehensive guide for making nutritious economical supermarket food choices is based on the popular column in both "Men's Health" and "Women's Health" magazine. The author presents a simple plan for finding the healthiest foods. Topics of interest include the *20 Worst Foods in the Supermarket*; the *Ultimate Supermarket Label Decoder*; *Shop Once, Eat For a Week*; and *How to Stock the Perfect Pantry*.

Justification #1: 979 public, university, and health science libraries have purchased this book worldwide. Denton public library owns 4 copies, and to date, 3 of the 4 books have been checked-out by community patrons. This popular book might be hard for the patient to access if the library doesn't purchase a copy.

Justification #2: David Zinczenko is the editor-in-chief of *Men's Health* and *Best Life* magazines as well as the New York Times best sellers *Abs Diet* and the *Abs Diet for Women*. Matt Goulding is the food and nutrition editor for *Men's Health* magazine. The author's rely on the advice of doctors, researchers, and experts in the health, nutrition, and fitness fields.

Title: Outpatient Weight Loss surgery

Author: K. Sasse M.D.

Published: 2009

Publisher: 360 Publishing, LLC; Reno, NV

ISBN-13: 978-1-934727-00-3

ISBN: 1-934727-00-8

Binding Format: Trade Paper

Pages: 320

Status: Available/in stock

Language: English

Audience: General Adult

Price: \$22.95 J.A. Majors; \$22.95 Powells.com

Annotated Bibliography: Comprehensive look at weight loss options, including the complications, cost, and comparison of inpatient surgery vs. outpatient bariatric surgery. A glossary and web resources are included and provide useful information for the individual considering this procedure.

Justification #1: Dr. Kent Sasse is a bariatric surgeon and nationally known speaker. He also has a Masters in Public Health. His expertise in this area lends credibility to its content.

Justification #2: This book prevents many options for the overweight individual so that an informed decision regarding bariatric surgery can be made. One of the bariatric surgeons in the Denton area highly recommends anyone interested in bariatric surgery read it.

Title: A Guide to Weight Loss Surgery: Professional and Personal Views (Praeger Series on Contemporary Health and Living)

Author: Rhonda L. Hamilton

Published: 2008

Publisher: Greenwood Publishing Group, Inc., Portsmouth, NH

ISBN-13: 978-0-275-99782-3

ISBN: 0-275-99782-0

EAN: 9780275997823

Binding Format: Trade Cloth

Pages: 180

Status: Active Record (Readily Available)

Language: English

Dewey#: 617.4/3

Physical Dimensions: 6.48 x 9.57 x .79 in.

Audience: General Adult

Price: \$44.95 Amazon.com

Annotated Bibliography: The topics include an overview of obesity risks, deciding on a weight loss plan, candidates eligible for bariatric surgical procedures, choosing a surgeon and a hospital, and handling insurance issues. In addition, the author includes what to expect after surgery, what happens when a surgery fails, as well as a glossary and patient references.

Justification #1: Rhonda Hamilton is an internist and clinical instructor at Harvard Medical School. She is also a post-bariatric surgery patient.

Justification #2: This book is housed in 258 libraries worldwide. Many Texas public and university libraries own it, however, the closest library to Denton is Tarrant County College Library. Having free access to this book for Denton county patients/families would be helpful.

Title: Obesity Surgery: Stories of Altered Lives

Published: M. Meana & L. Ricciardi

ISBN-13: 978-0-87417-740-4

ISBN: 0-87417-740-5

EAN: 9780874177404

Binding Format: Hardcover

Pages: 288

Publisher: University of Nevada Press

Status: Active Record (Readily Available)

Language: English

Dewey#: 617.4/3

Physical Dimensions: 6 x 9 x .68 in.

Audience: General Adult

Price: \$18.95 Powells.com

Annotated Bibliography: Science has been developing a number of ways to address obesity. The most revolutionary is surgical intervention to alter the gastrointestinal system so that less food/nutrients can be consumed and/or absorbed. People who undergo this surgery usually experience drastic weight loss and dramatic health improvements. They also discover a new sense of self and face challenges often unimaginable when they were obese. These narratives discuss the journey involved with bariatric surgery, handling the reactions of others, and facing the new you.

Justification #1: The expertise of each author lends credibility to this book. Marta Meana is an associate professor of psychology at the University of Nevada and Lindsey Ricciardi is the director of an interdisciplinary weight management program.

Justification #2: This book is held 98 libraries worldwide, including Boston Medical and the Harvard Medical Library. In Denton, the UNT library owns this book, however patients and their families would not have access to this book unless our library owned it.

Bariatric ebooks (Teresa Baker)

Total= \$80.39

Title: The Expert's Guide to Weight-Loss Surgery: Is it right for me? What happens during surgery? How do I keep the weight off?

Author: Garth Davis

ISBN-13: 9781440655012

ISBN: 1440655014

Format: eBook

Published: 2008

Publisher: Penguin Group

Status: Available

Language: English

File Size: 0.66 MB

Audience: General Adult

Price: \$9.99 Barnes & Noble

Annotated Bibliography: This guide to weight loss surgery, written by Garth Davis who has performed over 1000 surgeries, provides a breakdown of the various weight loss surgeries available. Included, is a guide to finding the right doctor as well as advice from dozens of patients who have undergone weight loss surgery. Most importantly, Dr. Davis includes a complete diet and exercise plan to ensure long-term success.

Justification #1: The author is a bariatric surgeon and star of TLC's *Big Medicine*. He is medical director of the Weight Management Center Program at the Methodist Hospital in Houston, Texas, and is a frequent speaker and guest lecturer across the country.

Justification #2: This book has 3 excellent reviews stating how useful the book was to them. The book was included in the reading list of one of the weight loss groups.

Title: Doctor's Guide to Weight Loss Surgery: How to Make the Decision that Could Save Your Life

Authors: Louis Flancbaum, Erica Manfred, Deborah Flancbaum

ISBN-13: 9780307418456

ISBN: 0307418456

Format: eBook

Published: 2007

Publisher: Bantam Books

Status: Available

Language: English

File Size: 3.55 MB

Audience: General Adult

Price: \$9.99 Barnes & Noble

Annotated Bibliography: Because one out of four Americans is affected by obesity, it is one of the most common diseases in the U.S. Dr. Louis Flancbaum, one of the foremost experts on weight loss surgery, guides one through the process from pre-surgical evaluation to post-op care. Included in this book are what to expect at each stage, common side effects and diet and nutrition guidelines. Detailed charts, helpful resources and websites give this book added credibility and usefulness to the readers.

Justification #1: The author is an expert witness and one of the foremost experts in weight loss surgery.

Justification #2: There are extensive issues related to weight loss surgery. This book provides the reader with knowledge about every step of the process. It also includes useful information, not found in many books regarding insurance coverage, healthful recipes, patient success stories and support groups.

Title: Preparing for Weight Loss Surgery, Workbook

Authors: Robin Apple, James Lock, Rebecka Peebles

ISBN: 0198040822

Format: eBook

Published: 2006

Publisher: Oxford University Press

Status: Available

Language: English

File Size: 552K

Audience: General Adult

Price: \$40.43 eBooks.com

Annotated Bibliography: This book discusses the issues leading up to weight loss surgery, including normalizing eating habits, problem solving, preparing for challenging eating situations, body image and what happens following surgery. The author, Robin Apple is a Clinical Associate Professor, Psychiatry & Behavioral Science - Behavioral Medicine at Stanford Medical School and has authored several books on eating disorders and weight-loss surgery.

Justification #1: The author Robin Apple is a Clinical Associate Professor, Psychiatry & Behavioral Science-Behavioral Medicine at Stanford University Medical School and has authored many books on eating disorders, weight loss surgery.

Justification #2: Other books discuss the issues relating to weight loss surgery, however, this book provides a workbook format to analyze and work through the issues leading up to and following weight loss surgery.

Title: Eating Well After Weight Loss Surgery: Over 140 Delicious Low-Fat High-Protein Recipes to Enjoy in the Weeks, Months and Years after Surgery

Authors: Patt Levine, Michele Bontmpo-Saray

ASIN: B001D1Z7UI

Format: eBook Kindle Edition

Published: 2004 First edition

Publisher: De Capo Press

Status: Available

Language: English

Pages: 193

Audience: General Adult

Price: \$9.99 Amazon.com

Annotated Bibliography: This book written by Patt Levine, who underwent weight loss surgery, features guidelines to help prepare food for each stage of the various weight loss surgeries. She put her cooking skills to work and created 140 recipes that taste good pureed. Included in the book is advice from a certified nutritionist as well, who provides nutritional analysis for each recipe.

Justification #1: This book is unique in that it offers an alternative to the “tasteless mush” that is recommended on weight loss surgery post-op lists. These recipes taste good pureed and chopped, to help promote the long-term success and well-being of the weight loss surgery patient.

Justification #2: There were 71 excellent reviews of this book, with a consensus that this book was extremely helpful in their menu plans and long-term diet success.

Title: Before & After, Revised Edition

Author: Susan Maria Leach

ASIN: B000SCHBLQ

Format: eBook Kindle Edition

Published: 2007

Publisher: HarperCollins e-books; 1 Revised edition

Status: Available

Language: English

File Size: 772 KB

Audience: General Adult

Price: \$9.99 Amazon.com

Annotated Bibliography: This book was written by Susan Leach who underwent gastric bypass surgery, who shares her own story of ups and downs, tips and techniques and hope. There is a forward by Leach's surgeon, advice from a nutritionist, answers to questions and meal plans for the different post-op stages.

Justification #1: Undergoing weight-loss surgery is not an event; it is a change of lifestyle. This book is an inspirational story that takes the readers through different stages of mental, emotional, and physical ups and downs in an effort to provide hope.

Justification #2: There were over 20 excellent reviews of this book. The majority of its' reviewers commend the author for honest, blatant information and highly recommend it as a resource for individuals considering bariatric surgery.

Bariatric Print Journals (Teresa Baker)

Total= \$ 154.79

Title: Eating Well

ASIN: B000310L82

Publisher: Eating Well

Status: Available

Frequency: Bimonthly

Language: English

Format: Magazine

Material Type: Periodical

Audience: General Adult

Price: \$14.97 annually/ \$24.97 for 2 years. Amazon.com

Annotated Bibliography: This magazine examines the connections among food, its origins and its impact on communities. It contains words of advice from top scientists, and publishes new findings in nutrition science. This magazine includes quick recipes that meet strict nutrition parameters, yet are delicious and easy to make.

Justification #1: This magazine has been named one of the top 3 food magazines for the last 3 years. It also received the James Beard Foundation Journalism Award in 2008, and an IACP Bert Greene Award for best food essay.

Justification #2: There were 30 excellent consumer reviews for this magazine stating the usefulness and quality of the magazine. Unlike other food magazines, this one addresses the origins of the food.

Title: Fitness

ISSN: 1060-9237

Publisher: Meredith

Status: Available

Frequency: 20 issues/24 months

Language: English

Format: Magazine

Material Type: Periodical

Audience: General Adult Women

Price: \$16.97 for 2 years Amazon.com

Annotated Bibliography: This magazine inspires women with personalized workout guides, timely health & nutrition advice, and beauty & style tips to achieve balance in mind, body and spirit.

Justification #1: There were 30+ consumer reviews stating this magazine was contemporary and helpful towards the goal of getting in shape.

Justification #2: The issues addressed in this publication all relate to weight loss and maintaining the loss.

Title: Men's Health

ASIN: B001TP73UU

Publisher: Rodale Inc

Status: Available

Frequency: 10 Issues/12 months

Language: English

Format: Magazine

Material Type: Periodical

Audience: General Adult Men

Price: \$24.94/year

Annotated Bibliography: This is a lifestyle magazine designed to show men the practical and positive actions that make their lives better. Included are articles covering fitness, relationships, nutrition, careers, grooming, travel and health issues.

Justification #1: This magazine addresses men-specific issues relating to fitness, nutrition and health issues. All of these are intertwined with success in weight loss.

Justification #2: Consumer reviews recommend this publication as valuable. 1535 libraries worldwide subscribe to this magazine.

Title: Women's Health

ASIN: B000A177ZA

Publisher: Rodale Inc

Status: Available

Frequency: 10 Issues/ 12 months

Language: English

Format: Magazine

Material Type: Periodical

Audience: General Adult Women

Price: \$14.00/ year

Annotated Bibliography: This is a lifestyle magazine based on health and fitness. It helps women stay on track in their lives with practical advice on nutrition, fitness, sex and relationships, style and beauty and much more.

Justification #1: 84 positive customer reviews.

Justification #2: Addresses issues that are particular to women in regard to health, fitness, and self esteem. These are all issues related to weight loss.

Title: Nutrition Today

ISSN: 0029-666X

ASIN: B0000C4CX0

Publisher: Lippincott, Williams & Wilkins

Status: Available

Language: English

Frequency: 6 issues in 12 months

Editor: Johanna Dwyer, DSc, RD

Audience: General Adult

Price: \$83.91 Amazon.com

Annotated Bibliography: Published for 39 years this established journal features informative review articles written by leaders in the field. Regular coverage of nutrition science, biotechnology, obesity and behavioral issues, the business of nutrition, government policies, nutrition guidelines and more.

Justification #1: This magazine is a peer-reviewed publication written by leading nutritionists and scientists.

Justification #2: Located in 1318 libraries worldwide, including TWU.

Bariatric eJournal (Robin Henson)

Total= \$104.00

Title: Healthy Cooking: Great Recipes for Busy People

ISSN: 1547-1993

Publisher: Inland Empire Medical Group, Riverside, CA

Status: Status

Frequency: Bi-monthly

Language: English

Dewey #: 641.5

Editor: Donald D. Lorenzi

Audience: General Adult; Special Adult

Price: \$14.95/year

Annotated Bibliography: Similar to Cooking Light & Eating Well magazine. Topics cover travel, wine, fitness, book reviews, chefs, and food/recipes. Provides suggestions and helpful tips for the busy cook.

Justification # 1: This magazine is only held in 22 libraries worldwide. There are no recorded holdings in any Denton libraries. Providing this publication would provide patients and families access to this informative magazine.

Justification # 2: I have received this magazine for years. The recipes are simple, tasty, affordable, and healthy. This eJournal is a nice addition for the weight-conscious individual/family.

Title: American Council on Exercise (ACE) Fitness Matters

ISSN: 1082-0361

Publisher: American Council on Exercise, San Diego, CA.

Status: Active

Frequency: Bi-monthly

Language: English

Dewey #: 613.7

Editor: Christine J. Ekeroth

Audience: General Adult; Special Adult

Price: \$19.95/year

Annotated Bibliography: Up-to-date information on the latest research and trends in the fitness industry including fitness product reviews (e.g. abdominal rollers, treadmills, other fitness equipment).

Justification # 1: The magazine is only available in 10 libraries worldwide. There are no recorded holdings in Denton. Providing this ejournal would provide current, reliable information to health conscious individuals.

Justification # 2: Each issue is divided into sections: research, body, consumer, taste, and information making it easy for individuals to navigate through in a timely manner.

Title: American Fitness

ISSN: 0893-5238

Publisher: Aerobics and Fitness Association of America

Status: Active

Frequency: Bi-monthly

Language: English

Dewey #: 613.7

Editor: Peg Jordan, RN

Audience: General Adult; Special Adult

Price: \$27.00/year

Annotated Bibliography: Provides news and information concerning health and fitness.

Regularly featured topics covered include different forms of exercise, nutrition, health conditions (diabetes, high blood pressure), and reader highlights.

Justification: Editor is a registered nurse. Health topics are written and reviewed by qualified authors.

Justification #2: Articles are easy to read and provide accurate health information for the general public.

Title: Family Safety and Health

ISSN: 0749-310X

Publisher: National Safety Council, Itasca, IL

Status: Active

Document Type: Magazine; Consumer

Media: Online Full text

Frequency: Quarterly

Language: English

Editor: N/A

Dewey: 614.8

Audience: General Adult

Price: \$24.10/year

Annotated Bibliography: Published by the National Safety Council, Family Safety & Health emphasizes information for living a safe and healthy life. It provides information on home, recreational, and driving safety. It also presents current nutrition, family health, safety tips, and fitness information. Articles address topics that highlight living a safe and healthy life, such as

caring for an aging parent, symptoms of mold, neighborhood watch programs in community crime prevention, fireproofing your home, safe skiing, and indoor air quality. Aims to prevent off-the-job injuries and to promote health and fitness through consumer education.

Justification #1: Only 5 college libraries house this ejournal in Texas (1919 worldwide). This would be a nice addition for patients and their families to access without having to purchase.

Justification # 2: The recovering bariatric patient must be viewed holistically. The patient must be aware of safety regarding products, food, and environment, in order to heal optimally.

Title: Cooking Light: The Magazine of Food and Fitness

ISSN: 0886-4446

Publisher: Southern Progress Corp.

Status: Active

Document Type:

Media: Online Full text

Frequency: Monthly

Language: English

Dewey #: 613.2

Size: Standard

Editor: Mary Kay Culpepper, Billy R. Sims (Executive Editor)

Audience: General Adult

Price: \$18.00/year

Annotated Bibliography: Each issue includes food news, food articles (nutrition information, nutrition advice, and interviews with food personalities including chefs), fitness articles (paths to fitness, advice, reviews of equipment, and exercises), and recipes. Recipes cover a broad range of tastes and styles and include cooking with wine and healthier makeovers of some nutritionally sinful favorites. All recipes include full nutritional analysis.

Justification # 1: This publication is available in 1475 worldwide libraries, including both the Dallas and Fort Worth Public Library. It is nota available in Denton.

Justification # 2: I subscribe to this magazine and think that it provides easy to prepare, healthy recipes. The illustrations are colorful and provide nice visuals for the reader/cook.

Purchase List: NICU

NICU Print Books (Teresa Baker)

Total= \$47.13

Title: The Premature Baby Book: Everything You Need to Know About Your Premature Baby from birth to Age One, First Edition.

Authors: William Sears, Robert Sears, James Sears, Martha Sears.

Published: 2004

Publisher: Little, Brown and Company

ISBN 10: 0316738220

ISBN 13: 9780316728224

Binding Format: Paperback

Pages: 256

Status: Active

Language: English

Physical Dimensions: 9x7.5x0.9 in.

Audience: General Adult

Price: \$10.87 Amazon.com

Annotated Bibliography: This book is a comprehensive, authoritative guide to understanding some of the reasons babies are born prematurely, what the consequences and effects of such birth are, and advice on what parents can do. The authors address parenting a premature infant, both in the hospital and at home. Medical questions as well as frustrations and feelings of helplessness are addressed. The authors are parents are a pediatrician/nurse team who are parents to 8 children, one of which has Down's syndrome.

Justification #1: All the reviews for this book are excellent, in particular, it is noted that this book is a great resource and easy to read.

Justification #2: The author William Sears, MD, is a pediatrician and author or co-author of more than 30 parenting books, most notably several in the "Sears Parenting Library. He is also a consultant for several parenting magazines, as well as the pediatrician on the website, Parenting.com. Dr. Sears and his wife are parents of 8 children, one with Down's syndrome, and have first-hand experience in rearing a special needs child.

Title: The American Academy of Pediatrics New Mother's Guide to Breastfeeding

Author: American Academy of Pediatrics, Joan Younger Meek, MD, Sherrill Tippins

Published: 2005

Publisher: Bantam

ISBN 13: 9780553588705

ISBN 10: 0553588702

Binding Format: Mass Market Paperback

Pages: 304

Status: Active

Language: English

Physical Dimensions: 6.9x4.1x1 in.

Audience: General Adult

Price: \$12.55 Amazon.com

Annotated Bibliography: The American Academy of Pediatrics, the organization that represents the nation's finest pediatricians, answers questions regarding breastfeeding. This book includes need-to-know information about breastfeeding, to include father's role, handling special situations such as C-section and prematurity, the most recent research, and solutions to common breastfeeding challenges.

Justification #1: Authored by the American Academy of Pediatrics, representing the nation's finest pediatricians. This book received excellent reviews and was recommended by breastfeeding mothers.

Justification #2: This book includes the latest neurological, psychological, and immunological research, showing why breastfeeding enhances the infant immune system.

Title: Your Baby's First Year, Second Edition

Author: American Academy of Pediatricians

Published: 2004

Publisher: Bantam

ISBN 13: 9780553587944

ISBN 10: 0553587943

Binding Format: Mass Market Paperback

Pages: 720

Status: Active

Language: English

Physical Dimensions: 6.8x4.2x1.2 in.

Audience: General Adult

Price: \$6.99 Amazon.com

Annotated Bibliography: State of the art advice from the American Academy of Pediatrics. This book provides an essential guide to all aspects of infant care. Invaluable advice on baby care that covers injuries, illnesses, and other disabilities is presented. Breastfeeding, growth and development, and instructions for coping with emergency medical situations are included.

Justification #1: Authored by the American Academy of Pediatrics representing the nation's finest pediatricians providing trusted advice.

Justification #2: This book provides state of the art answers to medical and parenting concerns with month by month guide to the infant's first year.

Title: Loving and Letting Go: For parents who decided to turn away from aggressive medical intervention for their critically ill newborns. Illustrated edition.

Author: Deborah L. Davis

Published: 1992

Publisher: Centering Corporation

ISBN 13: 9781561230600

ISBN 10: 156123060X

Binding Format: Paperback

Pages: 48

Status: Active

Physical Dimensions: 8.8x5.8x0.2 in.

Audience: General Adult

Price: \$6.95 Amazon.com

Annotated Bibliography: This book was written for parents who decide against aggressive, heroic treatment for their critically ill newborn. The author confirms love, wisdom, courage and faith and offers support for finding peace.

Deborah Davis has published several books on parenting.

Justification #1: The author, Deborah Davis, PhD, has published several books on parenting.

Despite the fact that it was published over 17 years ago, this book provides alternative views for parents and should be considered for this library. To date, there are no current alternatives for this particular book.

Justification #2: This book offers support for those parents who choose to let go of their newborn to find peace in their decision.

Title: Parenting Your Premature Baby and Child: The Emotional Journey

Author: Deborah L. Davis

Published: 2004

Publisher: Fulcrum Publishing

ISBN 13: 9781555915117

ISBN 10: 1555915116

Binding Format: Paperback

Pages: 928

Status: Active

Language: English

Audience: General Adult

Price: \$19.77 Amazon.com

Annotated Bibliography: Prematurity is not only a medical crisis, it is a family crisis. In this book, validation and practical advice are given for every stage of the emotional journey. It provides recommendations to help parents face coping with feelings of grief, adjustment, and acceptance. There are guidelines for developing parental identity and becoming the kind of parent you want to be. Managing relationships can be a real challenge and is addressed.

Justification #1: Many good books explain medical conditions, but this book focuses on experiences, feelings, and relationships.

Justification #2: Deborah L Davis has a PhD in Developmental Psychology. She is a contributor to Neonatal magazines and has published multiple books on parenting.

5 NICU eBooks (Robin Henson):

Total= \$58.83

Title: Road Map to Holland: How I found my way through my son's first two years with Down Syndrome

Author: Jennifer G. Groneberg

ISBN-13: 9781436201629

ISBN: 1436201624

Format: eBook
Published: 2008
Publisher: Penguin Group
Status: Available
Language: English
File Size: 0.23 MB
Audience: General Adult
Price: \$11.20 Barnes & Noble

Annotated Bibliography: This memoir provides the personal experience of the author after the premature birth of her twins. One of the twins was soon diagnosed with Down syndrome.

Throughout this book, the author provides exceptional insight and practical advice to parents, family members, friends, and teachers.

Justification #1: The book has 5 excellent reviews noting that the personal experiences described by the author were also experiences noted by other readers. The author is a member of the Down Syndrome Society and the National Association of Down Syndrome.

Justification #2: It is important for families to read about the experiences of individuals in similar situations. This personalization helps the family integrate and assimilate how they will cope with an unexpected diagnosis.

Title: Bright from the Start: The Simple Science-Backed Way to Nurture Your Child's Developing Mind, from Birth to Age 3.

Author: Jill Stamm & Paula Spencer

ISBN-13: 9781429542685

ISBN: 1429542683

Format: eBook

Published: 2007

Publisher: Penguin Group (USA)

Status: Available

Language: English

File Size: 1.26 MB

Audience: General Adult

Price: \$20.80 Barnes & Noble eBook price

Annotated Bibliography: Understanding the development process of the infant and toddler brain is essential in nurturing it to its fullest capacity. Through the use of ABC's (Attention, Bonding, and Communication) the authors provide ways for parents and caregivers to stimulate brain development. In addition, tips on selecting developmentally appropriate toys and childcare are also highlighted. An important addition for parents, grandparents and child care workers.

Justification #1: Author's specialty is infant brain development which lends to the credibility of the content.

Justification #2: Bonding with infant is highly reinforced in this book, which has many positive health benefits for the developing premature infant.

Title: Twin Set: Moms of Multiples Share Survive and Thrive Secrets

Author: Christina Boyle & Cathleen Stahl

ISBN-13: 9780307409270

ISBN: 0307409279

Format: eBook
Published: 2008
Publisher: Crown Publishing Group
Status: Available
Language: English
File Size: 0.38 MB
Audience: General Adult
Price: \$11.96 Barnes & Noble

Annotated Bibliography: The authors use their expertise as writers for Baby Talk Magazine and financial business management to provide an overview of the roller coaster experience of delivering and raising multiples. The emotional impact of premature delivery, description of the NICU, tips for dada, time management, multiple childcare, twin resources, gear, and equipment provide helpful advice for new parents of multiples.

Justification #1: Information in book is based upon national surveys of mothers of multiple children, support groups and national experts.

Justification #2: Providing casual, yet accurate information to new parents of multiples helps to reduce stress, promote coping, and removes feelings of isolation.

Title: Single Parenting 101: Learn the Secrets to Overcome the Major Challenges that Come Along with Single Parenting, No Matter How Much Time you Have had to Prepare

Author: Dr. William S. Johnson

ISBN-13: 978-0-7641-8046-0

ASIN: B002RHOPTG

Format: EBook Kindle Edition

Published: 2009

Publisher: Netlibrary Inc; Boulder, CO

Status: Available

Language: English

File Size: 91KB

Audience: General Adult

Price: \$4.88 Amazon Digital Services

Annotated Bibliography: This eBook discusses the roles and responsibilities that accompany single parenting. Suggestions are provided for facing difficult situations, successfully surviving each day and balancing the role of single parent and career.

Justification #1: Many publications are geared towards the two-parent family and the information does not always apply to the single parent.

Justification #2: The book discusses the single parent, not simply the single mom or single dad.

In addition, having this book available on the computer or on a hand held Kindle allows the reader some privacy and decreases stigmatization.

Title: Grandparent's Gift of Love: True Stories of Comfort, Hope and Wisdom

Author: Edward Fayes

ISBN-13: 9780446561150

ISBN: 0446561150

Published: 2009

Publisher: Grand Central Publishing

Status: Available

Language: English

File Size: 0.59 MB

Audience: General Adult

Price: \$9.99 Barnes & Noble

Annotated Bibliography: A celebration of the special bond between grandparents and their grandchildren, this collection of anecdotes and lessons illustrates the attention, love, and assurance that is the grandparent's gift.

Justification #1: This book is only available in 41 libraries. It would be a nice addition to this library collection for grandparents to access for free instead of having to purchase.

Justification #2: The role and the impact that grandparents play with premature infants and parents during the NICU hospitalization must not be ignored. This eBook is important because it reminds the grandparent that they are important in this process.

NICU Print Journal (Robin Henson)

Total = \$ 44.94

Title: Parents Magazine

ISSN: 1047-8574

OCLC #: 15323321

Publisher: Meredith Publishing; New York, NY

Status: Available

Frequency: Monthly

Language: English

Edit/Format: Journal, Magazine

Material Type: Periodical

Audience: General Adult

Price: \$9.97/year Barnes & Noble

Annotated Bib: This is one of America's leading family magazines for parents offering proven tips, techniques, and straightforward advice from America's foremost childcare experts.

Justification #1: Experts in the field of medicine, psychology, sociology, family studies, and child development contribute to the contents of this magazine.

Justification #2: This magazine is easy-to-read, includes colorful illustrations, and provides well-founded information for parents. I have a subscription in my office and the parents enjoy reading it.

Title: Parenting Early Years (1-yr)

ISSN: 1947-9883

OCLC #: 298363815

Publisher: Bonnier Publishing; New York, NY

Status: Available

Frequency: 11 issues in 12 months

Language: English

Edit/Format: Journal, Magazine

Material Type: Periodical

Audience: General Adult

Price: \$9.97/year Barnes & Noble, Amazon

Annotated Bib: This magazine focuses on the needs of parents with young children ages 0-5 year. It provides supportive research tips and guidance to help parents make informed choices in raising their children.

Justification #1: The focus of this magazine is on the early years. Parents with a new infant in the NICU will want to search for information about young infants, which they will find in this subscription.

Justification #2: This magazine would be informative for first-time as well as well-seasoned parents because the content is current.

Title: Pediatrics for Parents: The Monthly Newsletter for Caring Parents

ISSN: 0730-6725

OCLC #: 8044514

Publisher: Pediatrics for Parenting; Bangor, ME

Status: Active

Frequency: Monthly

Language: English

Edit/Format: Journal, Magazine

Material Type: Periodical

Audience: General Adult

Price: \$25.00/year

Annotated Bib: A single source of children's health information for parents. Current information and research findings are presented as well as well-documented articles by pediatricians and other health care professionals for parents of children of all ages. There is also a full online access to every article that appears in the newsletter, with up-to date recall and safety information.

Justification #1: Content is obtained from reliable healthcare professionals

Justification #2: Access to online makes the price a bargain (basically 2 for 1).

Title: Baby Talk

ISSN: 1529-5389

OCLC #: 43782551

Publisher: Bonnier Corporation; West Park, FL

Status: Active

Frequency: Monthly

Language: English

Edit/Format: Journal, Magazine

Material Type: Periodical

Audience: General Adult

Price: Free

Annotated Bib: Provides articles on a mix of news and advice on the challenges on new motherhood from experts and other moms. Discussions about pregnancy, birth, and parenting from prenatal to 18 months of age and health issues, personal stories and newborn care are part of each monthly issue.

Justification #1: This periodical is free for parents, although new parents might not be aware of this. If the parents are exposed to this magazine in the library, they can be encouraged to subscribe for their own free copy.

Justification #2: I provide my patients with a complimentary copy of this magazine. The information is easy to read and comprehend. Although the focus is on the mom, there are areas of interest for the father also. There are quality snippets of information embedded throughout. I recommend it.

Title: American Baby

ISSN: 0044-7544

LC #: HQ750.A2

Publisher: Meredith Corporation

Status: Active

Frequency: Monthly

Language: English

Edit/Format: Magazine Consumer

Audience: General Adult

Price: Free

Annotated Bib: Provide advises and supports expectant and new parents, providing them with the information they need most. Expected growth and development, illustrations, and book reviews provide reliable information in an easy to read format.

Justification #1: I use this free monthly magazine in my clinic and many of the parents read and enjoy the articles while they are waiting for their appointment.

Justification #2: The content is accurate and well supported, however, it is presented so that a non-medical person can read and understand it.

NICU ejournal (Teresa Baker)

Total = \$ 78.03

Title: Exceptional Parent

ISSN: 0046-9157

Publisher: EP Global Communications

Status: Active

Frequency: Monthly

Editor: Rick Rader, MD

Audience: General Adult; Special Adult

Price \$19.95/year

Annotated Bibliography: This eMagazine is aimed at parents and families with children or adolescents with disabilities, information on practical experience in handling the everyday problems of life with an exceptional child or adolescent, resources, new technology and recent developments.

Justification #1: Highly recommended by Mary Klentzman, Director of the Children's Special Needs Network. Mary is a member of the Texas Children's Policy Council, Medicaid Managed Care, Chairman of the Consumer Committee of the Greater Texas Rehab Providers Council, and participates in several other organizations. She is the mother of 7 children, one of which has severe cerebral palsy.

Justification #2: This magazine provides important information regarding resources, equipment, and other issues that would be very helpful to a NICU parent whose child has been diagnosed with cerebral palsy or some other disability.

Title: Parenting Early Years

ISSN: 1947-9883

Publisher: Meredith Publishing; New York, NY

Status: Available

Frequency: 11 issues in 12 months

Language: English

Editor: Susan Kane

Format: eMagazine

Material Type: Periodical

Audience: General Adult

Price: \$14.97 Barnes & Noble, Amazon

Annotated Bibliography: This magazine contains age-specific child development guidance, information and tips on health and safety. It also incorporates the best proven ways to stimulate a child's learning. Parenting is a great source of knowledge for new, expectant, and experienced moms

Justification #1: This magazine focuses on the day to day needs and interests that relate their life with their babies. A valuable asset to parents of babies.

Justification #2: Consumer reviews recommend this publication as being useful.

Title: Texas Children's Hospital Parents Connection eMagazine

Publisher: Texas Children's Hospital

Status: Available

Language: English, Spanish

Audience: General Adult

Price: Free

Annotated Bibliography: The Parent Connection e-magazine and newsletter offer parents and caregivers reliable pediatric health and parenting information from the specialists at Texas Children's Hospital specialists in Houston, Texas.

Justification #1: Quality publication with advice from Texas Children's Hospital specialists.

Justification #2: Addresses hospital issues with parents.

Title: Working Mother

ASIN: B000S5NWAC

Publisher: Bonnier Corporation

Status: Available

Frequency: 8 issues in 12 months

Language: English

Editor: Suzanne Riss

Audience: General Adult

Price: \$12.97, Barnes & Noble.com

Annotated Bibliography: This magazine directed toward career-committed working mothers who have made the decision to raise a family while pursuing their personal growth to manage a successful career. The magazine provides advice on child care, children's education, growth and

development, health and well-being, personal health, fashion and beauty, career options, work/family issues, family finances, food and nutrition.

Justification #1: Since this publication is edited for working mothers, it would be beneficial to have in the library, as many of the mothers of NICU infants desire or necessarily have to work. They can glean some good advice from this magazine.

Justification #2: There are some good reviews of this magazine stating how useful the advice and ideas are.

Title: Ser Padres Hoy + El Bebe de ser Padres – Ser Padres Hoy

EAN: 2000003159567

Status: Available

Language: Spanish

Audience: General Adult, Spanish

Price: \$30.14, Barnes & Noble.com

Annotated Bibliography: This magazine is called Parenting Today and has been providing support for more than thirty years to parents who decide to embark on the wonderful adventure of having children. Top specialists who meet every month at Parenting Today, offer advice to enable children to grow up healthy and happy.

Justification #1: This journal has been published for more than thirty years. Contributions are made by top specialists in the subject of raising children.

Justification #2: There is a large population of Spanish-speaking only parents of babies in Texas NICUs. Since this journal is in Spanish, I think it would be a huge asset to the library.

Total Cost

“Must Have” Collection: \$87.25

Bariatric Collection: \$104 + \$112.70 + \$80.39 + print journal=

NICU Collection: \$47.13 + \$58.83 + \$44.94 + NICU ejournal=

NICU Collection if Kindle Wireless Reading Device (6” display, U.S. & International Wireless, Latest Generation) is to be purchased for \$259.00 Amazon.com: \$317.83

Total Purchase Lists: